

## IF I'M RUNNING SO FAST, WHY AM I STILL IN ONE PLACE?

A humorous approach to those who feel they are contributing a 110%, but actually find they are constantly keeping up with yesterday. Three key points are discussed in a simple formula that helps faculty balance high intensity with inner peace and actually accomplish more. The easy principles discussed will change your participants' lives and the university forever!

<b>STYLE:</b>	Keynote
<b>TIME:</b>	Up to 90 minutes keynote
<b>A/V REQUIREMENTS:</b>	LCD, and Lapel mike

### PEOPLE ATTENDING WILL TAKE HOME:

- ◆ knowledge of the qualities successful people follow
- ◆ how to assess your life and determine where you need to bring in more balance
- ◆ how the formula  $P^2 + H^3 + T^2 = \text{Happiness}$  and how to develop a game plan for finding your personal happiness

"I just wanted to write a short note to say thanks for your presentation at the Queensland Sports Towards 2000 conference last weekend. People are motivated and inspired at different times by different opportunities and the weekend conference was one of those occasions that touched my heartstrings.

I walked away from the weekend with a much more positive outlook than I already had in life and I will care, risk, dream, and expect more. I will learn to listen from within. Thank you!"

*David O'Leary  
Sports and Recreation  
Development Officer*

# How to Host a Great Disaster Party™

Imagine hosting a party that will have faculty competing to come up with everything that could go wrong in a situation, create solutions that are money saving and money making for your group and end up with a report that summarizes the program and creates accountability in less than 90 minutes.

This program is so interactive and informative that faculty will beg for more. This unique process is designed as a party and allows those involved to improve their communication skills, develop leadership skills, empower themselves to solve their own problems and generate more solutions in 20 minutes than have occurred all year – and they laugh the whole way through the party!

**STYLE:** Breakout session

**TIME:** 90 minutes

**A/V REQUIREMENTS:** 2 Flip charts, markers, 1 tablet for each group of 10, writing pens (markers) prizes for 3 people -

## PEOPLE ATTENDING WILL TAKE HOME:

- ◆ How to take a situation and challenge it
- ◆ Why this process works so well any time any where
- ◆ How to generate more creative solutions in less than 20 minutes without even trying
- ◆ How to develop your own Disaster Party™ Diary

“Incredible! As a trainer and member of the partying group I was amazed at how well the process worked and involved everyone so quickly. It was magical – I laughed, competed in the game and generated more solutions in our small group in less than 90 minutes. This is an unreal process – you covered team building, solution generation, communication skills, motivation and accountability with a party – well done!

*Geni Hendershot  
Participant in a  
Mock Disaster Party*

# **BRAIN SPEAK – How not to Aggravate, Agitate or Annihilate those around you (including your spouse, kids and mother-in-law)**

A picture is worth a thousand words. In a humorous and practical way *KAZ* challenges faculty to determine how their personality style, their NLP preference and their brain preference effect the way they are perceived and perceive others. Become more effective in your daily communications at home and school by becoming more aware of how the various brain profiles approach communication.

**STYLE:** Breakout session  
**TIME:** 90 – 120 minutes  
**A/V REQUIREMENTS:** LCD, screen and Lapel

## **PEOPLE ATTENDING WILL TAKE HOME:**

- ◆ the classical principles of communication
- ◆ perception vs communication
- ◆ various brain styles like communication (NLP), right or left brain function, male/female dominate brain and how they communicate
- ◆ developing a personal plan to improve communication skill

“I was one of the attendees at the Credit Union Conference at Grindelwald (Tasmania) on the weekend and was so impressed with your presentation. Not only was I impressed, anyone that can hold the attention of my wife and more particularly, my 8 and 10 year old daughters, must surely be heading for an Academy Award! Thanks for such an inspirational message.”

*Sean Freitas  
Credit Union Director*